

Are you a carer for a person living with Dementia?



Would it help if you could connect with other carers of a person with Dementia?

Join our weekly Whatsapp group for dementia carers every Monday between 1-2 pm.

You're also welcome to join our fortnightly dementia carers support group on Zoom.

For more information and to join please contact **Shagufta** on **07837 805 205** or **ShaguftaFarhat@rochdalemind.org.uk**